

COACHING UPDATE

LOG BOOK

Title	
First Name	
Surname	
Date Of Birth	Gender
Address	
State	Post Code
Telephone	
Mobile	
Email	
Netball Australia Accreditation No.	

Please complete all fields to access online resources such as Sport Coach Magazine

Netball Australia

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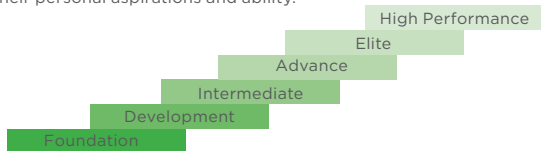
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COACH EDUCATION FRAMEWORK

Netball Australia's Coach Education Framework supports the development of coaches from beginner or club level through to international level. Coaches are able to progress along the six-tier accreditation pathway depending on their personal aspirations and ability.



Coaches complete a series of tasks over a four-year period following their successful completion of a Netball Australia Coaching Accreditation course. Netball Australia recommends that all coaches who become accredited continue to upgrade their knowledge.

The updating program aims to raise the overall quality of coaches within netball by ensuring they are provided with ongoing education and development opportunities covering areas such as:

- Keeping abreast of the latest information on developments within netball
- Receiving the latest general and specific safety information related netball
- Having access to the most up-to-date techniques and coaching methods for netball

Netball Australia requires a coach to reach the specified number of points of updating activity for each accreditation level.

Foundation Course: a standalone one day course (8 hours) for beginner and club coaches including Beginning Coaching General Principles combined with the skills of netball. A reduced course can be presented if the Beginning Coaching General Principles Course is completed prior to the course.

Development Course: a standalone one day course (8 hours) for club coaches. A Section 1 Theory Examination Pass is a pre-requisite.

Intermediate Course: designed for club and representative coaches. The Intermediate General Principles Course is a pre-requisite.

Advanced Course: for representative and state league coaches. **Elite Course:** for coaches of state league and state teams. Modular based with alternative delivery methods.

High Performance Course: the highest level of accreditation for coaches at a national and international level.

UPDATING

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Foundation	Attain Development OR Complete 20 points in 4 years
Development	Attain Intermediate OR Complete 40 points in 4 years
Intermediate	Attain Advanced OR Complete 60 points in 4 years
Advanced	Attain Elite OR Complete 80 points in 4 years
Elite	Attain High Performance OR Complete 500 points in 4 years
High Performance	Complete 520 points in 4 years

How To Update?

Coaches have four years in which to complete their updating requirements.

By attending any updating activity, a coach is able to earn points towards completing the updating requirements associated with their current level of accreditation.

Re-accreditation - How do I do it?

Your respective state/territory contact will require the following to successfully complete re-accreditation on your behalf:

- Completed log book with all fields on the inside cover completed

How are Update Activities Recorded?

It is important that details of all practical involvement and attendance at approved courses and seminars (that will contribute to your re-accreditation) are accurately recorded in a Log Book.

How to use your Log Book?

The Log Book enables you to record and have verified updating activities that you attended. The Log Book is also evidence of your experience and on-going education when you apply for a new coaching position. When you attend an approved updating activity complete the Log Book as shown.

1. State date of attendance
2. Record the activity
3. Record time commitment
4. Obtain signature of course coordinator

For further information regarding the updating process contact your local State/Territory Coaching Director or Netball Australia's Coach Development & Participation Manger.

COACH ACCREDITATION UPDATING SUMMARY

Course	Update Requirements
Foundation	<ul style="list-style-type: none"> • Complete another Foundation Coaching Course within four years OR • Complete the Development Coaching Course within four years OR • Achieve 20 hours of updating activity over a four-year period.
Development	<ul style="list-style-type: none"> • Complete another Development Coaching Course within four years OR • Complete the Intermediate Coaching Course within four years OR • Achieve 40 hours of updating activity over a four-year period.
Intermediate	<ul style="list-style-type: none"> • Complete another Intermediate Coaching Course within four years OR • Complete the Advanced Coaching Course within four years OR • Achieve 60 hours of updating activity over a four-year period.
Advanced	<ul style="list-style-type: none"> • Complete another Advanced Coaching Course within four years OR • Complete the Elite or High Performance Coaching Course within four years OR • Achieve 80 hours of updating activity over a four-year period.
Elite	<ul style="list-style-type: none"> • Complete another Elite Coaching Course within four years OR • Complete the Elite or High Performance Coaching Course within four years OR • Achieve 100 hours of updating activity over a four-year period.
High Performance	<ul style="list-style-type: none"> • Achieve 120 hours of updating activity over a four-year period.

Updating Activities

- 50% of the required updating hours for each level should be completed through practical coaching.
- Practical coaching can be undertaken with any level of athlete or team or official and may occur on a regular basis (weekly, fortnightly) or in specific situations such as camps, clinics.
- Special consideration may be granted by the relevant Member Organisation Coach Development Manager for coaches who are not coaching a team, but who are involved heavily within coach education/mentoring, in order for them to fulfil updating requirements. In these cases a detailed letter outlining their current involvement within coach education should be submitted to the relevant Member Organisation.

Re-accreditation

- Applications for re-accreditation should be made to the relevant Member Organisation Coach Development Manager prior to the accreditation expiry date.
- Applications for re-accreditation must be accompanied by a completed log-book
- Applications for re-accreditation will be accepted for up to 12 months following the expiry date the accreditation.
- Once an accreditation has expired for a period greater than 12 months, application should be made to the relevant Member Organisation Coach Development Manager for consideration.

Mentoring

- It is recommended that prospective coaches seek the assistance of a mentor coach in improving their coaching skills prior to/post the relevant accreditation course.
- Mentors will receive credit towards their updating requirements.

NETBALL AUSTRALIA FOUNDATION COACHING COURSE UPDATE CRITERIA

Netball Australia Netball Coaching Accreditation is valid for four (4) years. The period starts when a Netball Australia certificate of accreditation is issued.

Points to be completed:
20 (Minimum practical component: 10 hours) 1 point = 1 hour

Updating Requirements

Event	Time Commitment (Maximum points to be claimed for each unit)
Practical Coaching	16 points
Attain Netball Australia Development Coaching Accreditation	Meets total requirements
Attend an accreditation First Aid Course	5 points
Member Organisation Approved Coaching Workshop	10 points
Member Organisation Approved Umpiring Workshop/ Course	3 points
Observation of State Team, ANL or ANZ Championship Training Session	6 points
Observation of ANZ Championship / International Match	6 points
Relevant Course / Workshop / Seminar conducted by a recognised external body e.g. ASC or State Department of Sport and Recreation	10 points

NETBALL AUSTRALIA DEVELOPMENT COACHING COURSE UPDATE CRITERIA

Netball Australia Development Coaching Accreditation is valid for four (4) years. The period starts when a Netball Australia certificate of accreditation is issued.

Points to be completed:
40 (Minimum practical component: 20 hours) 1 point = 1 hour

Updating Requirements

Event	Time Commitment (Maximum points to be claimed for each unit)
Practical Coaching	25 points
Attain Netball Australia Intermediate Coaching Accreditation	Meets total requirements
Attend an accreditation First Aid Course	10 points
Attend Sport Trainers Course Level 1 or Level 2	20 points
Member Organisation Approved Coaching Workshop	20 points
Member Organisation Approved Umpiring Workshop/ Course	6 points
Observation of State Team, ANL or ANZ Championship Training Session	6 points
Observation of ANZ Championship / International Match	6 points
Relevant course / workshop / seminar conducted by recognised external body eg, ASC, State Department Sport & Recreation	20 points

NETBALL AUSTRALIA INTERMEDIATE COACHING COURSE UPDATE CRITERIA

Netball Australia Netball Coaching Accreditation is valid for four (4) years. The period starts when a Netball Australia certificate of accreditation is issued.

Points to be completed:
60 (Minimum practical component: 30 hours) 1 point = 1 hour

Updating Requirements

Event	Time Commitment (Maximum points to be claimed for each unit)
Practical Coaching	40 points
Attain Netball Australia Advanced Coaching Accreditation	Meets total requirements
Attend an accreditation First Aid Course	10 points
Attend Sport Trainers Course Level 1 or Level 2	20 points
Member Organisation Approved Coaching Workshop	20 points
Member Organisation Approved Umpiring Workshop/ Course	6 points
Observation of ANZ Championship Training Session	6 points
Observation of International Event	4 points
Relevant course / workshop / seminar conducted by recognised external body eg, ASC, State Department Sport & Recreation	20 points

NETBALL AUSTRALIA ADVANCED COACHING COURSE UPDATE CRITERIA

Netball Australia Netball Coaching Accreditation is valid for four (4) years. The period starts when a Netball Australia certificate of accreditation is issued

Points to be completed:
80 (Minimum practical component: 40 hours) 1 point = 1 hour

Updating Requirements

Event	Time Commitment (Maximum points to be claimed for each unit)
Practical Coaching	50 points
Attain Netball Australia Elite or High Performance Coaching Accreditation	Meets total requirements
Attain Netball Australia Presenter, Assessor or Mentor Accreditation	20 points
Present Netball Australia Foundation or Development course	10 points
Mentor Coaching	30 points
Relevant course / workshop / seminar conducted by recognised external body eg ASC, State Department Sport & Recreation	20 points
Member Organisation Approved Coaching Workshop/ Conference	20 points

NETBALL AUSTRALIA ELITE COACHING COURSE UPDATE CRITERIA

Netball Australia Netball Coaching Accreditation is valid for four (4) years.
The period starts when a Netball Australia certificate of accreditation is issued.

Points to be completed:
80 (Minimum practical component: 50 hours) 1 point = 1 hour

Updating Requirements

Event	Time Commitment (Maximum points to be claimed for each unit)
Practical Coaching <ul style="list-style-type: none"> • ANL • State/Territory Underage Team • State League 	60 points
Attain Netball Australia High Performance Coaching Accreditation	Meets total requirements
Complete ACC Graduate Diploma in Sports Coaching	50 points
Mentor Coaching	30 points
Attain Netball Australia Presenter, Assessor or Mentor Accreditation.	20 points
Present Netball Australia Intermediate or Advanced course modules	20 points
Present Netball Australia Foundation or Development course	10 points
Relevant course / workshop / seminar conducted by recognised external body eg, ASC, State Department Sport & Recreation	20 points
Member Organisation Approved Coaching Workshop/ Conference	20 points

NETBALL AUSTRALIA HIGH PERFORMANCE COACHING COURSE UPDATE CRITERIA

Netball Australia High Performance Coaching Accreditation is valid for four (4) years.

Points to be completed:
120 (Minimum practical component: 60 hours) 1 point = 1 hour

Updating Requirements

Event	Time Commitment (Maximum points to be claimed for each unit)
Practical Coaching <ul style="list-style-type: none"> • National (Open and 21/Under) • SIS/SAS (including AIS) • ANZ Championship • ANL • State/Territory Underage Team • Top Division State League 	80 points
Attain Netball Australia High Performance Coaching Accreditation	Meets total requirements
Complete ACC Graduate Diploma in Sports Coaching	50 points
Present Netball Australia Advanced / Elite / High Performance course modules	20 points
Attain Netball Australia Presenter, Assessor or Mentor Accreditation	20 points
Coach Education within other sports	20 points
Coach related course / workshop / seminar conducted by recognised body (e.g. State Department Sport & Recreation)	10 points
Mentor Coaching	30 points

RECORD OF UPDATING

Date/Period	Activity	Hours	Coordinator Signature

RECORD OF UPDATING

Date/Period	Activity	Hours	Coordinator Signature

RECORD OF UPDATING

Date/Period	Activity	Hours	Coordinator Signature

COACH CODE OF BEHAVIOUR

In addition to Netball Australia's General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations, affiliated Associations and Clubs in your role as a coach.

1. Treat all players with respect at all times. Be honest and consistent with them. Honour all promises and commitments, both verbal and written.
2. Promote a climate of mutual support among your players. Encourage players to respect one another and to expect respect for their worth as individuals regardless of their level of play.
3. Encourage and facilitate players' independence and responsibility for their own behaviour, performance, decisions and actions.
4. Involve the players in decisions that affect them.
5. Determine, in consultation with the players, what information is confidential and respect that confidentiality.
6. Provide feedback to players in a caring sensitive manner to meet their needs. Avoid overly negative feedback.
7. Refrain from any form of personal abuse towards your players. This includes verbal, physical and emotional abuse. Be alert to any forms of abuse directed toward your players from other sources while they are in your care. (Abide by the Netball Australia Member Protection Policy)
8. Refrain from any form of harassment towards your players. Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status, and other condition. (Abide by the Netball Australia Member Protection Policy)
9. Be acutely aware of the power that you as a coach develop with your players in the coaching relationship and avoid any sexual intimacy with players that could develop as a result.
10. Avoid situations with your players that could be construed as compromising.
11. At all times use appropriate training methods which will benefit the players and avoid those which could be harmful. Ensure that the tasks, trainings, equipment and facilities are safe and suitable for age, experience, ability and physical and psychological conditions of the players.
12. Ensure the players' time spent with you is a positive experience. All players are deserving of equal attention and opportunities. Provide training and game opportunities that ensure everyone has a reasonable chance to succeed and to improve/ acquire skills and develop confidence.
13. Actively discourage the use of performance enhancing drugs, the use of alcohol and tobacco and illegal substance. (Abide by the Netball Australia Anti-Doping Policy).
14. Recognise individual differences in players and always think of the player's long-term best interests.
15. Set challenges for each player which are both achievable and motivating.
16. Respect the fact that your goal as a coach for the player may not always be the same as that of the player. Aim for excellence based upon realistic goals and due consideration for the participant's growth and development.
17. At all times act as a role model that promotes the positive aspects of sport and of netball by maintaining the highest standards of personal conduct and projecting a favourable image of netball and of coaching at all times.
18. Recognise your player's rights to consult with other coaches and advisers. Cooperate fully with other specialists (e.g. sports scientists, doctors, physiotherapists etc).
19. Do not exploit any coaching relationship or information gained through Netball Australia programs, to further personal, political, or business interests.
20. Encourage players and coaches to develop and maintain integrity in their relationship with others.
21. Respect other coaches and always act in a manner characterised by courtesy and good faith.
22. When asked to coach, ensure that any previous coach / player relationship has been ended in a professional manner.
23. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules. Know and abide by netball rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules.
24. Be honest and ensure that qualifications are not misrepresented.
25. Make a commitment to providing a quality service to your players. Provide a training program which is planned and sequential. Maintain or improve your current NCAS accreditation, seek continual improvement through performance appraisal and ongoing coach education and be open to other people's opinion.

Failure to comply with the code of behaviour will result in appropriate action being taken in accordance with the Member Protection Policy. For further assistance please contact your local State or Territory Member Organisation.

CONTACT DETAILS

ACT Netball Association
www.act.netball.asn.au

Netball New South Wales
www.netballnsw.com

Netball Northern Territory
www.nt.netball.asn.au

Netball Queensland
www.netballq.org.au

Netball South Australia
www.netballsa.asn.au

Netball Tasmania
www.tas.netball.asn.au

Netball Victoria
www.netballvic.com.au

Netball Western Australia
www.netballwa.com.au

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